WHAT IS CLAIMED IS:

- A tooth whitening product, comprising:
 a water hydratable polymer and a plasticizer formed into a film having a first side and a second side; and
 - a tooth whitening agent applied as coating to one side of the film.
- 2. The tooth whitening product of claim 1, wherein said tooth whitening agent is applied as a solid.
- 3. The tooth whitening product of claim 1, wherein said tooth whitening agent is applied to said film in combination with a solvent after formation of said film.
- 4. The tooth whitening product of claim 3, wherein said solvent can solubilize said water hydratable polymer.
- 5. The tooth whitening product of claim 1, wherein said water hydratable polymer is an ethylene oxide polymer.
- 6. A tooth whitening product, comprising:
 a film including a water hydratable polymer and a tooth whitening agent;
 a mesh comprising a plurality of fibers, said fibers arranged to provide a plurality
 of void spaces between said fibers; and
 wherein said film at least partially fills said mesh.
- 7. The tooth whitening product of claim 6, wherein said fibers have a diameter between about 1 micron and about 200 microns.
- 8. The tooth whitening product of claim 6, wherein said water hydratable polymer is polyvinylpyrolidone.

- 9. The tooth whitening product of claim 8, wherein said tooth whitening agent is hydrogen peroxide and said layer further comprises water and polyethylene glycol.
- 10. The tooth whitening product of claim 6, wherein said fibers are formed from a material selected from the group consisting of polypropylene, polyethylene, and cellulose.
- 11. A process for making a tooth whitening product, comprising:

forming a film including a water hydratable polymer and a plasticizer, wherein said film has a first side and a second side; and

coating a tooth whitening agent onto one of said sides of said film.

- 12. The process of claim 11, wherein said tooth whitening agent is a solid that is sprayed onto said film.
- 13. The process of claim11, wherein said tooth whitening agent is solubilized in a solvent and the solution of said solvent and said tooth whitening agent is applied to said film.
- 14. The process of claim 13, wherein said solvent solubilizes said tooth whitening agent and said water hydratable polymer.
- 15. A tooth whitening product, comprising:
 a water hydratable polymer and a plasticizer formed into a film having a first side and a second side, said film comprising a tooth whitening agent; and wherein said film further comprises a water insoluble additive.

- 16. The tooth whitening product of claim 15, wherein said water insoluble additive is selected from the group consisting of polyolefins, polyester, calcium phosphate, calcium pyrophosphate, titanium dioxide and silica.
- 17. The tooth whitening product of claim 15, wherein said water insoluble additive comprises between about 10% and about 80% by weight of said film.
- 18. The tooth whitening product of clam 15, further comprising a layer disposed adjacent said film formed from a second water hydratable polymer distinct from said water hydratable polymer of said film.